

# Improving Infant Safety While Meeting Board Certification Requirements

Participation in NEST (Newborn Evidence-based Sleep Teaching) has been approved by the American Board of Pediatrics (ABP) as a Maintenance of Certification (MOC) Part IV quality improvement project. Pediatric clinicians at participating hospitals can earn 25 MOC Part IV points through meaningful participation in NEST.



NEST (Newborn Evidence-based Sleep Teaching) is a Colorado hospital quality improvement initiative led by the Colorado Perinatal Care Quality Collaborative (CPCQC) to strengthen safe sleep support and modeling in newborn care units.

Earn 25 MOC Part IV points

Receive credit for QI work already happening on your unit

Support evidence-based safe sleep practices

Contribute to statewide efforts to reduce sleep-related infant deaths

## What Counts as Participation?

Clinicians may qualify for credit by engaging in NEST quality improvement activities such as:

### Reviewing unit data

Safe sleep practices crib audits and chart review results



### Participating in improvement work

Testing changes through PDSA cycles to strengthen safe sleep practices on your unit



### Joining team discussions

Attending NEST team meetings, learning collaborative sessions, and QI coaching calls



Questions?

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