

# Perinatal Substance Use & Mood Disorder: Screening and Treatment



Suicide and drug overdose are the leading causes of maternal mortality in Colorado.



77% of pregnancy-associated deaths are preventable

## YOUR ACTIONS SAVE LIVES

### Universal Screening

- Substance Use
- Depression
- Anxiety
- Social Determinants of Health
- Adverse Childhood Experiences



**Screen:** All patients during birth admission

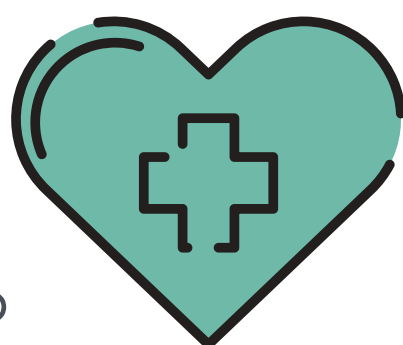
**Brief Intervention:** Discuss the results with the patient and document in the EHR

### SBIRT

**Referral to Treatment:** Notify the patient's provider & initiate social work consult

#### Consider Patient-Specific Clinical Care:

- Narcan distribution
- Toxicology testing
- Child welfare reporting
- Medication for Opioid Use Disorder
- Scheduling a short interval follow up
- Perinatal Navigation Support



#### For Immediate Assistance

\*Contact Colorado Crisis Services \*

(844) 493-TALK (8255)

<https://coloradocrisisservices.org/>

\*Consultations\*Information\*Referrals\*